From Donald Kennedy

Road League standings after race 11.

Elliot    124

Nat    118

Ian    75

Karen    50

Heather    41

Mick    40

Niall    36

Dave H    29

Donald    29

Linda    20

Jim    15

James    14

Richard    12

Brigid    8

Sam    5

Dave S    4

Kirsty    2

Next race is The Netherthong 10K on the 27 of September. It can be entered on line or on the day.

The week after is Cusworth on the 4th of October, it also can be done on line or on the day. This race includes the Yorkshire Vets you have to pre-enter to qualify.