

West Yorkshire U11 Sportshall Athletics Trials

Sunday 2nd February 2020

North Bridge Leisure Centre, Halifax HX3 6TE
9.15am Collection of numbers
9.45am Warm up
12.30pm - 1.00pm approximate finish

Cost £8.00 per Athlete
(spectators £1.00/ U5's FREE)

Closing date for entries - Sunday 26th January 2020
Entries received after this date will be returned & NOT entered.

All athletes must be under 11 years of age as at midnight 31st August / 1st September 2019 and must be at least 9 years of age on the day of the trials.

Please detach below and return with payment

PLEASE PRINT CLEARLY

Athletes Name:	
Male / Female:	
Date of Birth + (Age):	Day / Month / Year (age)
School:	
Athletics Club:	
Athletes Address:	
Address:	
Postcode:	
Tel. No (home):	Home
Tel. No (mobile):	Mobile
Email:	
Signed:	Parent / Guardian / Teacher / Coach
Method of Payment - please tick <input checked="" type="checkbox"/>	
Cash <input type="checkbox"/>	Cheque/Postal Order <input type="checkbox"/>
	Online <input type="checkbox"/>

PLEASE COMPLETE FRONT & BACK OF ENTRY FORM

North Bridge Leisure Centre, Halifax HX3 6TE

Please Note: Calderdale Council host a Car Boot Sale every Sunday morning at the Car Park adjacent to North Bridge Leisure Centre, parking availability will be limited.

Please return completed forms & payment to: **Colin Crowther**
The Brooksbank School
Victoria Road, Elland
HX5 0QG

Making all cheques/postal orders payable to:
Calderdale Sports Network (CSN)

Entry & Payments can also be made online by visiting:-
www.calderdalesportsnetwork.co.uk

For further information please call, text or email:
 Tel: 07584 489126
 Email: info@calderdalesportsnetwork.co.uk

The competition is to select the strongest possible West Yorkshire Team to compete in the Yorkshire Regional finals, to be held in Halifax on Sunday 1st March 2020

EVENTS - PLEASE CHOOSE FROM THE FOLLOWING GROUPS - A / B / C / D / E

PLEASE INDICATE BELOW WITH A

Athletes are welcome to select any of the below events which they would like to trial

Events	U11 Boys	U11 Girls
GROUP A (Running Events)	1 Lap Time Trial <input type="checkbox"/>	1 Lap Time Trial <input type="checkbox"/>
	2 Lap Time Trial <input type="checkbox"/>	2 Lap Time Trial <input type="checkbox"/>
	1 Lap Hurdle Time Trial <input type="checkbox"/>	1 Lap Hurdle Time Trial <input type="checkbox"/>
GROUP B (Jumps)	Standing Long Jump <input type="checkbox"/>	Standing Long Jump <input type="checkbox"/>
	Standing Triple Jump <input type="checkbox"/>	Standing Triple Jump <input type="checkbox"/>
	Vertical Jump <input type="checkbox"/>	Vertical Jump <input type="checkbox"/>
GROUP C (Agility)	Balance Test <input type="checkbox"/>	Balance Test <input type="checkbox"/>
	Speed Bounce <input type="checkbox"/>	Speed Bounce <input type="checkbox"/>
	High Stepper <input type="checkbox"/>	High Stepper <input type="checkbox"/>
GROUP D (Throws)	Chest Push <input type="checkbox"/>	Chest Push <input type="checkbox"/>
	Target Throw <input type="checkbox"/>	Target Throw <input type="checkbox"/>
	Soft Javelin <input type="checkbox"/>	Soft Javelin <input type="checkbox"/>
GROUP E (Individual Relay's)	1 Lap Obstacle Time Trial <input type="checkbox"/>	1 Lap Obstacle Time Trial <input type="checkbox"/>
	1 Lap Over/Under Time Trial <input type="checkbox"/>	1 Lap Over/Under Time Trial <input type="checkbox"/>
	1 Lap Grand Prix Time Trial <input type="checkbox"/>	1 Lap Grand Prix Time Trial <input type="checkbox"/>