



English Cross Country Association



The Saucony National Cross Country Championships 2020

Wollaton Park, Nottingham on Saturday 22nd February 2020 at 11.00 am

Online Info

TIMETABLE

Under 13 Boys3K -12.30pm	Under 13 Girls3K - 11.45pm
Under 15 Boys 4K – 11.25am	Under 15 Girls 4K – 12.45 pm
Under 17 Men6K – 12.05pm	Under 17 Women 5K – 11.00am
Junior Men10K – 14.20pm	Junior Women6K – 13.05pm
Senior Men12K – 15.00pm	Senior Women8K – 13.35pm

Attached is Information sheets giving details of :-

TRAVEL REGISTRATION PARKING CHANGING TIMETABLE

Please NOTE:

Any Club requiring a Tent Permit can apply by sending a stamped addressed envelope to Theresa Woodward, Notts AC, Canterbury Mill, Canterbury Road, Nottingham, NG8 1PQ. No passes will be issued after 12th February 2020.

ALL ATHLETES MUST WEAR CLUB COLOURS AND SAME DESIGN. Failure to do so will lead to disqualification

Changing

Two Marquees, one male, one female will be available not far from start/finish area for athletes to change in.

Presentations will be presented to winning Individuals and teams at 2.00 pm and 4.00 pm in the main marquee No.5 on site Map.

Programmes will be on sale at the event for the price of £3 and will include course maps.

Registration

Competitors Numbers & Chips are to be collected by appointed Team Managers from the Registration Marquee. In accordance with recent practise the Numbers & Chips for the first 5 races will be available from 9.00am and the other 5 from 11.00am.

Chip Timing:

Chip Timing will again be used. Failure to return your chip will be subject to a £7.00 penalty charge per chip.

NOTE: All clubs **MUST** have paid their Affiliation Fees & Athletes Registration Fees to **ENGLAND ATHLETICS** otherwise they cannot take part in our championships.

Hon. Championship Secretary

J.G.R.Mower. 188 Hadleigh Road. Ipswich Suffolk IP2 0DH

Tel 01473 216289



*The National*²⁰²⁰

National Cross Country Championships Wollaton Park, Nottingham - February 22nd 2020 Travel Directions for cars

Car Parking - £7 Per Car

All car parking is within the Park with a maximum of 300m walk to the course.

In the Park please follow steward's directions and have £7 payment ready. The majority of the car parking is on grass which if wet will be slippery. Please proceed very slowly with care and avoid wheel spin and damage to the ground.

Parking immediately outside the park and surrounding streets will be prohibited with Police "No Waiting" cones and signs. This is a specific traffic order. Cars parked illegally will be lifted and taken to the Nottingham City Council compound with a considerable release fee.

Please check the ECCA or Notts AC websites prior to travelling for last minute information – www.englishcrosscountry.co.uk, or www.nottsac.co.uk.

The **main entrance** on the day for **all cars** will be accessed via Lime Tree Avenue in the Park which is off **Middleton Boulevard (NG8 1BT)** and the directions to this gate are as follows:-

From the West, M1 Junction 25 follow A52 into Nottingham for 3 miles.

At Priory Island (Miller & Carter Steakhouse), continue straight on A52, Wollaton Park is on your left and the University of Nottingham is on the right for 3/4 mile until you reach the Nottingham Ring Road A6514. At the island bear left signed Mansfield A60 / M1 North onto the slip road for A6514 ring road. In 100m the Wollaton Park Gate is on the left off the slip road and will be signed.



From the South, M1 Junction 24 take A453 for 6 miles into Nottingham passing Trent University Campus on the left.

¼ mile after NTU, downhill, straight on at the next major cross road / traffic lights. After 200 yards get in right hand lane. The road rises and curves left and merges with A52 over **Clifton Bridge / River Trent** following main ring road signed M1 North / A60 Mansfield. 400 yards further on Showcase Cinema is on the left. Get in the middle lane which leads onto the Dunkirk flyover. Go over the flyover in the left lane. The University of Nottingham is on the left, QMC hospital on the right. Exit left up A52 slip road and get in to the middle lane at the Island. Go straight on over the island and back onto slip road for 100m. Wollaton Park Gate is left off the slip road and will be signed.

From the East A52 as above from Clifton Bridge.

From the North M1 Junction 26 follow A610 into Nottingham for 3 miles.

Turn right onto A6514 ring road signed Derby A52 / Birmingham A453. After 1 mile follow ring road around "Crown" island (Crown Pub on right) then exit left off island following ring road a further ½ mile and bear left up slip road for A52, get in right hand lane, U turn round island and go back down slip road 100m. Wollaton Park Gate is left off slip road and will be signed.

There is **no entry** to the Park for cars **via** the usual main entrance on **Wollaton Road**.

HOWEVER

Coaches / Minibuses should use **only the Main Entrance** on Wollaton Road (NG8 2AE) (off Ilkeston Road A609)

To obtain a parking pass please apply to NottinghamEvents@nottinghamcity.gov.uk.

Public Transport

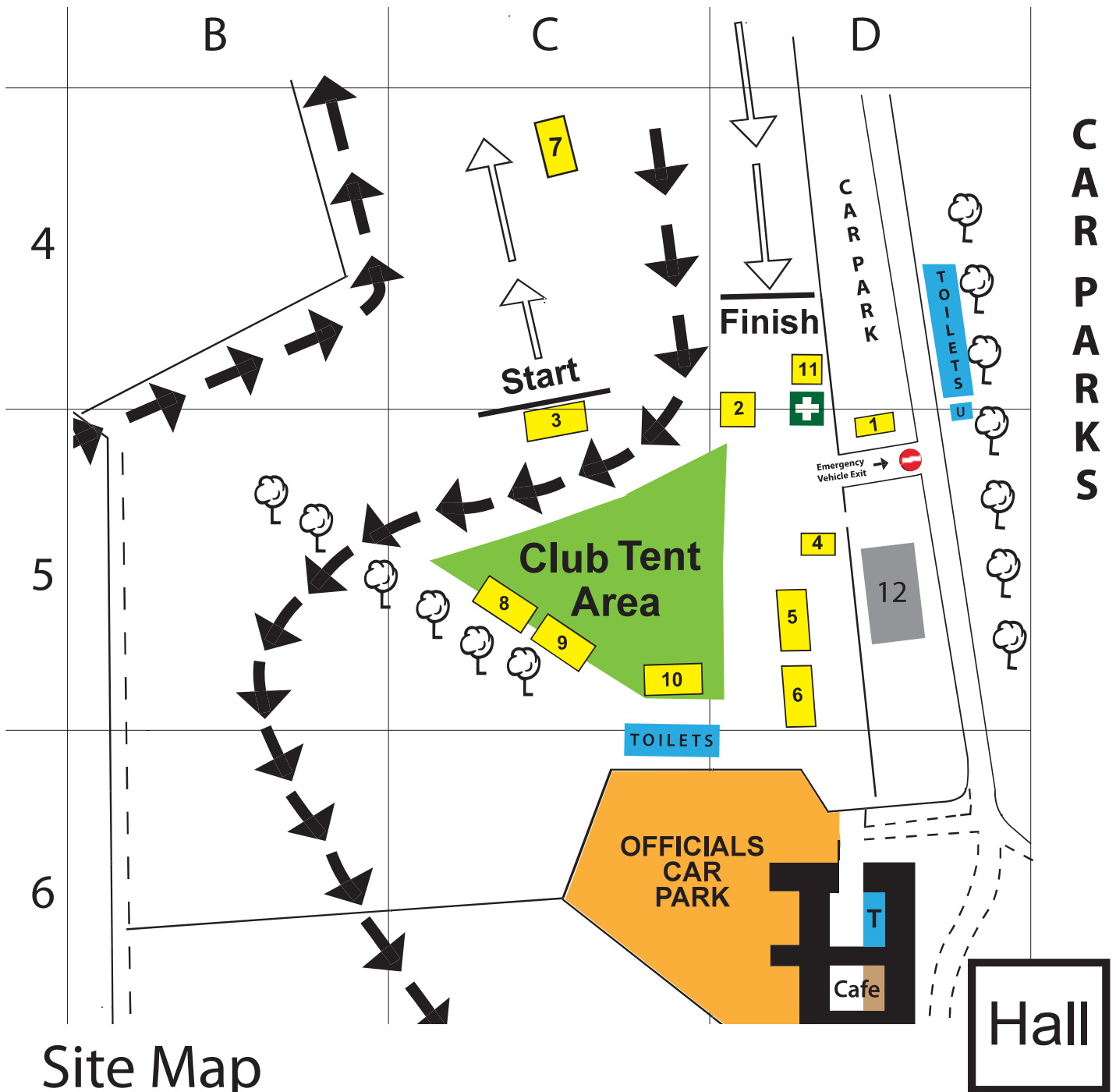
From Nottingham Railway Station walk 200m to Broad Marsh Bus Station.

The Trent Barton "Indigo" bus leaves every 10 minutes. Get off at Queens Medical Centre walk 100 yards uphill to traffic island turn right along the left hand side of Middleton Boulevard for 100 yards to Wollaton Park gates and follow signs.

There are also Nottingham City Transport buses numbers 30, 35 and 36 which leave Victoria Bus Station (10 minute walk) and stop outside the Wollaton Road (Main) entrance.



The National ²⁰²⁰



Key:					
1	Registration	6	Refreshments Marquee	11	FR Systems
2	Press	7	VIP Reception	+	First Aid & Ambulance
3	Start / Call room	8	Male change	12	VIP / Guest Car Park
4	Programme / Results	9	Female change	T	Toilets / Disabled
5	Presentation / Officials	10	Derby Runner	U	Urinals only trailer

