**City of York Young Athletes Meeting , Sunday 12 August 2018**

**Location: University of York Sports Centre, YO10 5NA.**

**Information:** [**www.cityofyorkathleticclub.net**](http://www.cityofyorkathleticclub.net) **Timetable the week before the event.**

Age Groups (ages on 31.8.18)

Under 9 - usually just left School Year 2 or 3. Under 11 – usually just left School Year 4 or 5

Under 13 – usually just left Year 6 or 7. Under 15 – usually just left Year 8 or 9

Year 2 and younger - 60m Lollipop Run (FREE, just turn up at the start)  
Under 9 : 75m, 600m, Long Jump.

Under 11 : Hurdles, 75m, 600m, Long Jump, turbo Javelin  
Under 13 : Hurdles, 100m, 200m, 800m, Long Jump, High Jump, Javelin  
Under 15 : Hurdles, 100m, 300m, 800m, Long Jump, High Jump, Javelin.

Parents & Coaches fun races – 100m and Mile : Free entry to those officiating on the day ! £3 to others

Maximum 3 events per day, £3 an event, or £8 for 3 events in advance. £4 / £10 for 3 events on the day.

Under 11 doing hurdles must be coached & competent. 61cm, 10.5m approach, 6m and 6.5m spacings available

Under 13 and Under 15 Field Events - 4 Trials. Under 9 and Under 11 – 3 trials

**Under 13 and Under 15 Pentathlon (hurdles, high jump, long jump, shot, 800m).**

Entry fee £12

This is a “development” event; suitable for those who have not done a pentathlon before, though more experienced young athletes are welcome of course.

Athletes should be reasonably competent (but don’t need to be “good”) in high jump and hurdles.

We know that Under 13 pentathlons are hard to find.

Pentathlon entries limited to 16 (all age groups combined), & no pentathlon entries accepted on the day

**Event enquiries to coyacevent@hotmail.co.uk**

First name:..................................................................... Surname:……………….....................................

Male / Female …………………………. Club:.....................................................................

Age Group:................................................. Date of birth

Events entered (but can change on the day) –

You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, club affiliation, result and age category

Advance - £3 an event, £8 for 3 events. On the day - £4 an event, £10 for 3 events. Pentathlon £12

**Total Payment:** £**………………………** *Cheques payable to ‘City of York AC*

**Please post entries to:** York Young Athletes meeting, 20 Fern Close, Huntington, York YO32 9PA

**Pentathlon entries – please provide a contact so we can let you know if the event is full.**